

4-H

A

R

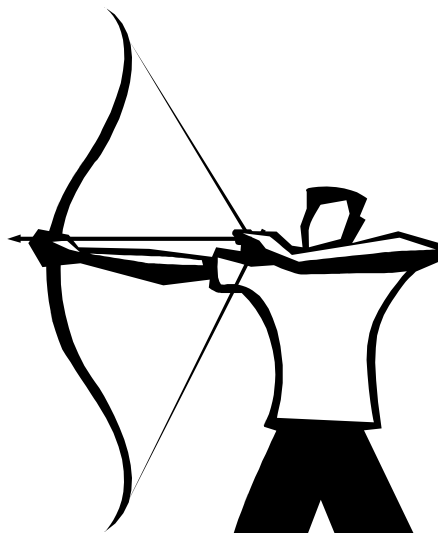
C

H

E

R

Y



Member Record Book

Name: _____

Birth Date: _____

Club Name: _____

Record book beginning date: _____

Record book finish date: _____

Your Goals and Objectives for the Year

List up to three goals for your 4-H shooting sports project for this year. For each goal, list at least three objectives you need to accomplish to reach those goals, like how/what will you do to reach this goal?

Goal 1: _____

Objective 1: _____

Objective 2: _____

Objective 3: _____

Goal 2: _____

Objective 1: _____

Objective 2: _____

Objective 3: _____

Goal 3: _____

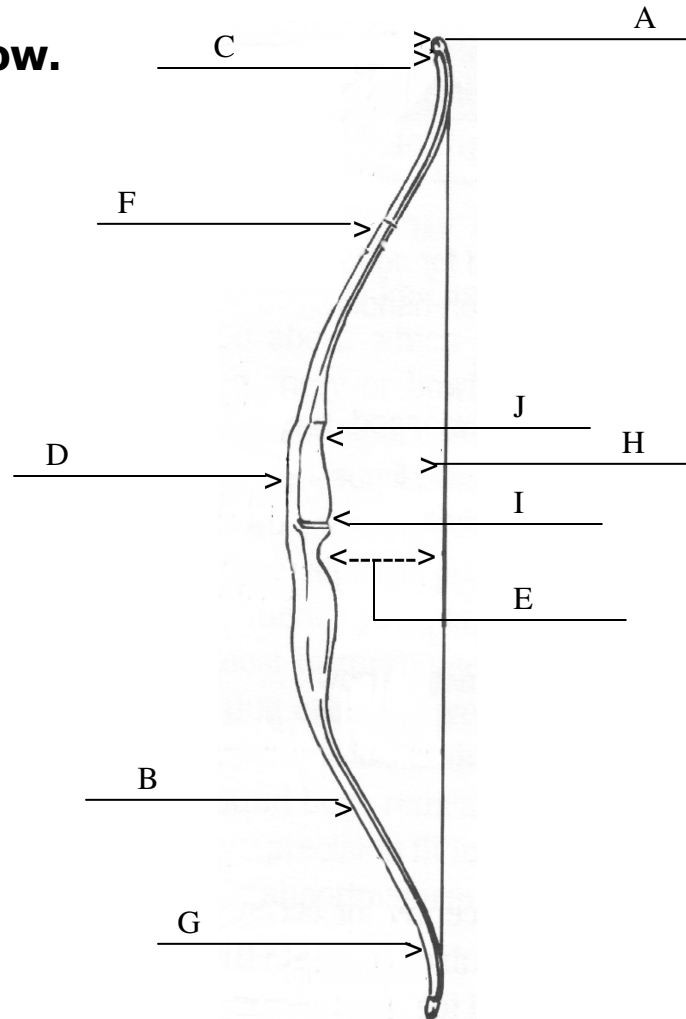
Objective 1: _____

Objective 2: _____

Objective 3: _____

Parts of a Bow

Match the parts of the bow.



	Arrow Rest
	String
	Grip

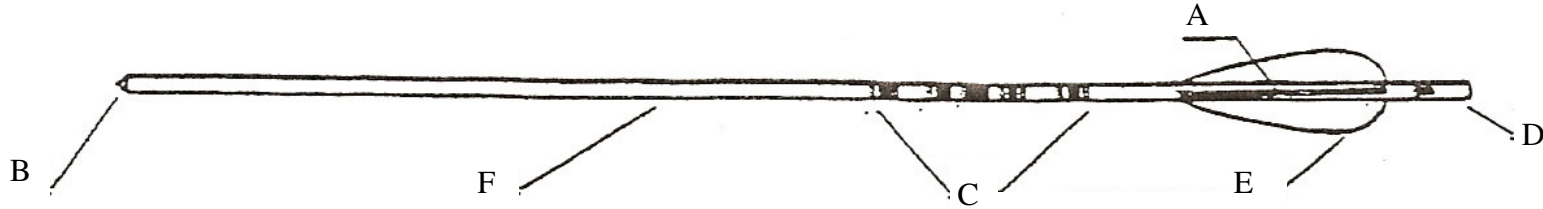
	Lower Limb
	Upper Limb
	Self

	String Notch
	Tip
	String Hieght

	Sight Window
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Parts of an Arrow

Match the parts of the arrow.



	Point
	Shaft
	Nock

	Fletching
	Index Feather (Vane)
	Crest

Safety Rules

Ages 9-11 list three rules of archery * Ages 12-16 list six rules * Ages 17-19 list ten rules.

Rule 1: _____

Rule 2: _____

Rule 3: _____

Rule 4: _____

Rule 5: _____

Rule 6: _____

Rule 7: _____

Rule 8: _____

Rule 9: _____

Rule 10: _____

Safety Equipment

Answer the following questions.

Explain the importance of having proper safety equipment.

List the safety equipment you use for your discipline.

How to maintain your Bow

Explain the importance of maintaining your bow.

Explain how to maintain your bow.

Do the following
pages that correspond
with your
discipline(s).

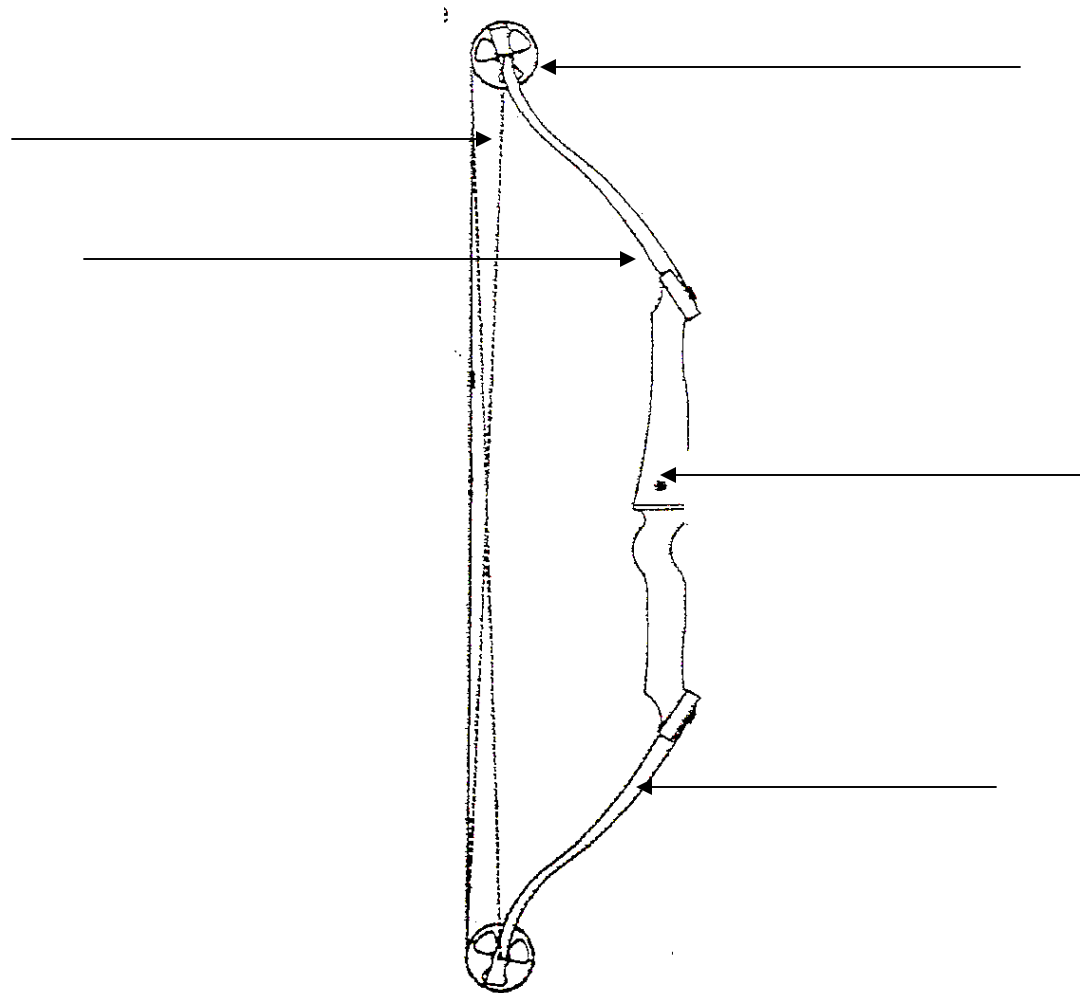
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Compound Bow

1) What brand of bow do you have? _____

2) Do you shoot with sights? _____

3) Label the particular parts of a compound bow.



Open Bow

1) What brand of bow do you have? _____

2) What type of sight do you shoot with? _____

3) What type of release aid do you use? _____

4) What release aid are you not allowed to use? _____

5) Do you use any other pieces of equipment? _____

6) What other equipment are you allowed to shoot with?

3-D Archery

1) What brand of bow do you have? _____

2) Do you shoot with sights? _____

3) Where is the kill zone on a deer?

4) Between what distances do you shoot the target? _____

5) What is the maximum draw weight? _____

6) What is the maximum stabilizer length? _____

Photographs

How Did You Do?

Rating Scale	Excellent 5	Very Well 4	Ok 3	Not So Well 2	Poorly 1
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Goal 1: _____

Rate: _____ **Explanation:** _____

Goal 1: _____

Rate: _____ **Explanation:** _____

Goal 1: _____

Rate: _____ **Explanation:** _____
